



SARATOGA
SPRINGS
RECREATION

City of Saratoga Springs Recreation
FALL YOUTH BASKETBALL
BOYS & GIRLS 5th-6th GRADE
RULES

Specific Rules and Guidelines

High School Basketball rules will govern play with the following exceptions:

- A. Play will consist of two (2) twenty minute halves with the clock stopping during the last two (2) minutes of each half only. Half time will be 3 minutes. If one team is leading by 15 points or more in the second half only, the clock will continue to run during the last 2 minutes.
- B. Timeouts: 2-one minute timeouts per half (these do not carry over).
- C. Overtime: 3 minute period(s) with the clock stopping during the last minute of the overtime period only. Overtime will begin with a jump ball. If after the overtime period the teams are still tied, the game will end in a tie.
- D. One (1)-one minute timeout given in overtime (these do not carry over).
- E. Defense: Man-to-Man or Zone may be played.
- F. There will be no forfeits for this age group. Please arrive on time.
- G. Full-court press may be played the last two minutes of the game only. The exception is when a team is 15 points or more ahead that team will not be allowed to full-court press. The other team may continue to press. Once the point differential has dropped below 15 points full-court press may be resumed during the last two minutes of the game.
- H. Coaches and players will not be allowed to make any changes to team rosters. The Recreation Staff reserves the right to check a player's identity with the roster at any time.
- I. **Coaches must play all of their players at least half (50%) of each game.**
- J. 10-foot baskets and 28.5" size basketballs are used for **5th grade boys and 5th-6th grade girls.**
- K. 10-foot baskets and Men's (full size) basketballs are used for **6th grade boys.**
- L. No official standings will be kept. There will be no post-season tournament.

PLAYER/COACH CONDUCT

A. Technical Fouls

- a. Everyone will be expected to display good sportsmanship at all times. Rude, disruptive or any other behavior will not be tolerated.
- b. If a player receives a technical foul they will sit out for ten (10) minutes of game time from the time it was given. Players receiving technical fouls with less than ten minutes remaining in the first half will sit the remainder of their time in the beginning of the second half. If there is less than ten minutes left in the game, the remainder of their time will be assessed the beginning of next scheduled game.
- c. If a second technical foul is received during the duration of the season or a single game, a minimum one game suspension will be assessed.
- d. A third technical will result in the player or coach being suspended for the remainder of the season at a minimum and possibly a lifetime suspension at a maximum.
- e. If a team receives seven (7) cumulative technical fouls throughout a season the team will be dropped from the league for the remainder of the season.

B. Fighting

- a. Any player or players in a fight with other players, spectators, facility guests, game officials, or other recreation staff will be suspended from the league for the remainder of the season.
 - i. Fighting includes but is not limited to: punching, kicking, slapping, hitting, hand gestures, etc. (contact is not required)
- b. Individuals involved in any physical altercation may also be prosecuted.

C. Language

- a. The use of profane, insulting, or abusive language will not be tolerated. This type of language may and can result in a technical foul. Specifically, the F-Word will not be tolerated. Any use of this word will result in an automatic technical foul. If the word is used again in the same game a second technical foul will be given resulting in the player being ejected.

D. Unsportsmanlike Conduct

- a. Saratoga Springs Recreation shall have the authority to disqualify, suspend or remove any manager, coach, player, spectator or teams that conduct themselves in an unsportsmanlike manner before, during or after a game.
- b. Game officials and scorekeepers are requested to file written reports of unsportsmanlike conduct by the close of the next business day following the incident. Such incidents include but are not limited to:
 - i. Fighting
 - ii. Unsportsmanlike Acts
 - iii. Verbal abuse towards players, officials, scorekeepers, other staff, etc.
 - iv. Threats
 - v. Technical Fouls
 - vi. Ejections
 - vii. Unruly Players, Coaches, Fans and/or Spectators

E. No protests will be allowed in this league.

- F. The buildings we use, and the employees who work there, will be treated with the utmost respect. Any problems reported to the City of Saratoga Springs recreation may result in a player or coach being asked not to participate anymore and the player will not be given a refund. Please help us keep the facilities we use clean.

THE SARATOGA SPRINGS RECREATION STAFF DECISION IS FINAL IN ALL CASES!